



**Sewcial Sewing®**

**Flex Frame Pouch - 150mm**



**Flex Frame Pouch**

Here are the instructions for a large pouch using the 150mm Flex Frame

The finished size of the Pouch is 6" x 6½" (15cm x 16cm)

Great for a small sewing kit, make up etc

## Requirements

Outer Fabric - minimum size 7" x 14" (18cm x 36cm)

Lining Fabric - minimum size 7" x 32" (18cm x 81cm) or 14" x 15" (36cm x 38cm)

H640 Wadding - minimum size 7" x 14" (18cm x 36cm)

Medium Iron on Interfacing 13" x 5" (33cm x 13cm)

Flex Frame - 150mm

Cutting mat, ruler and rotary cutter

Sewing machine

## Method

From the Outer fabric cut 2 of 7" x 7" (18cm x 18cm)

From the Lining Fabric cut 2 of 7" x 7" (18cm x 18cm) - lining  
4 of 6¼" x 2½" (16cm x 6½cm) - channels  
2 of 4" x 4" (10cm x 10cm) - tabs

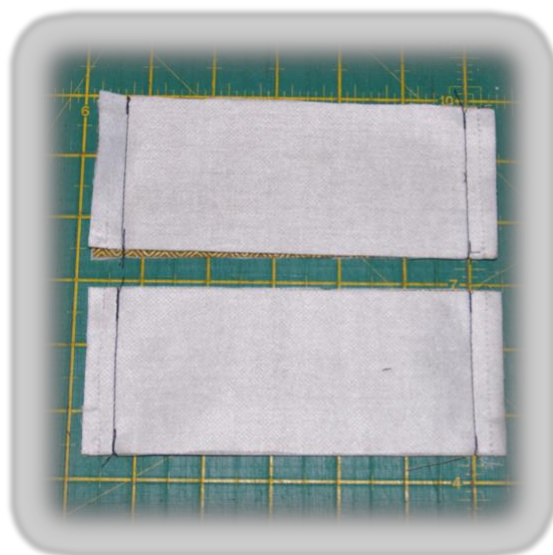
From H640 2 of 7" x 7" (18cm x 18cm)

From interfacing 4 of 6¼" x 2½" (16cm x 6½cm) - for channels

## Make the channels

Adhere the interfacing to the back of the equivalent pieces of lining fabric cut for the channels

Sew them together in two pairs. Stitch the short ends together with an ½" (1cm) seam



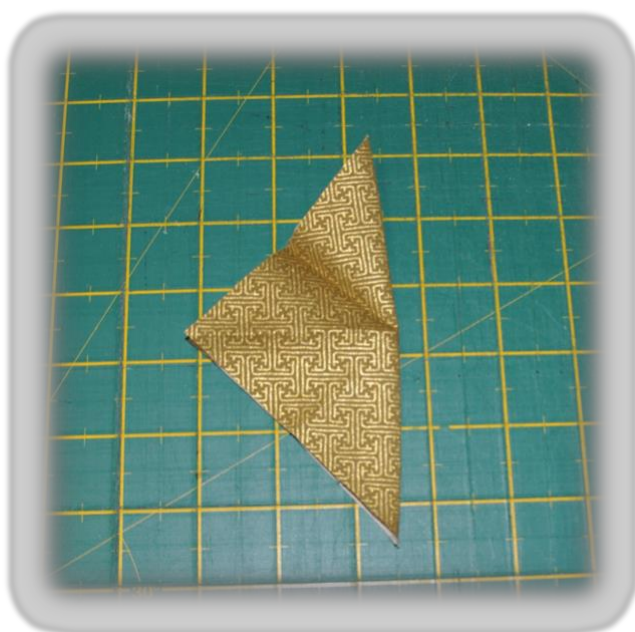
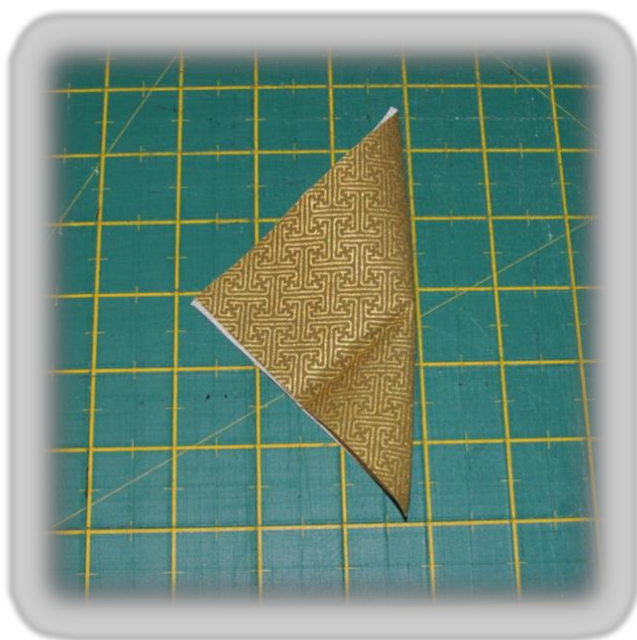
Press seams open, turn to right side out and press lengthwise with the seams at the end

### Make the Tabs

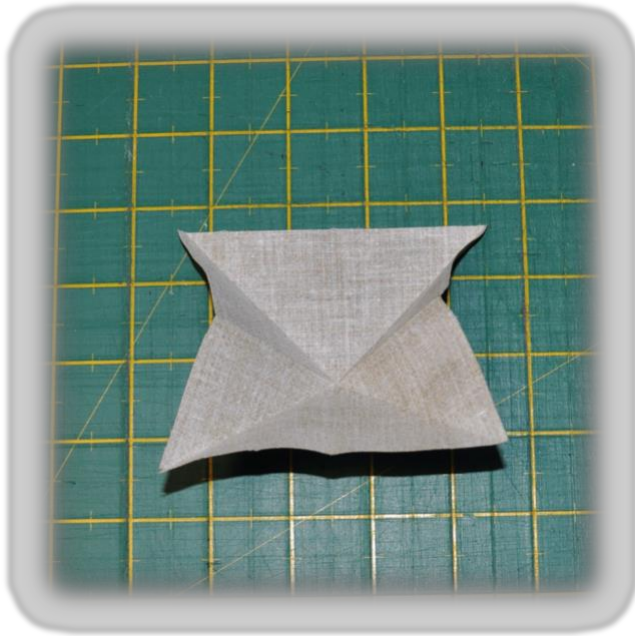
For each of the 4" x 4" (10cm x 10cm) lining pieces. Press them in half right sides together



Press with wrong sides together on both diagonals



Using these pressed creases, push together to form a triangle. Make two



### Constructing the Outer

Adhere the H640 to the wrong side of the two outer pieces

Mark the centre top on both pieces





Pin the tabs to the top of the outer pieces, ensuring they are central



Lay the channels on top of this, ensuring they are central and with the raw edges to the top



Stay stitch these pieces in place using a  $\frac{1}{4}$ " ( $\frac{1}{2}$ cm) seam



Sew the two outer pieces together, right sides together and with the tabs and channels to the top, sew down the sides and across the bottom with a  $\frac{1}{2}$ " (1cm) seam

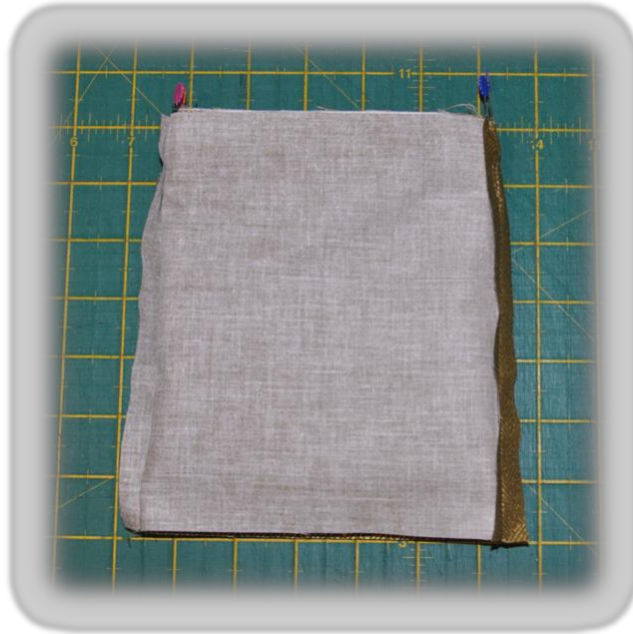
Clip the bottom corners, press the seams open and turn right side out, pushing the corners out

#### Sewing the Lining

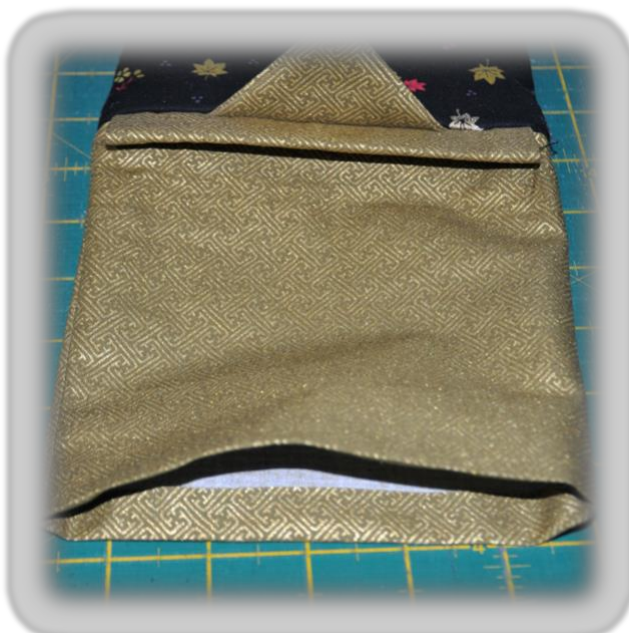
With right sides together, sew the lining pieces together on the sides only with a  $\frac{1}{2}$ " (1cm) seam. Press the seams open

### Constructing the Pouch

Slip the outer inside the lining and pin together around the top, right sides together. Match the side seams. Ensure the tabs and casings are lying flat, sew around the top with a  $\frac{1}{2}$ " (1cm) seam. Trim the seam allowances to reduce the bulk



Pull the lining right side out. Turn under the bottom edge by  $\frac{1}{2}$ " (1cm) and press. Sew this together as show, either by machine or hand



Push the lining to the inside, press the top, so that the channels are up, and the tabs are down

Edge stitch around the top

Following the instructions on the back of the packet, slide the Flex Frame into the channels. Insert the pin and close the metal flaps to secure the pin.

Enjoy your pouch.

